

GLOSSARY OF KEY TERMS

- **Sustainable Food System:** A food system that ensures food security and nutrition for all while preserving the economic, social, and environmental resources for future generations.
- **Planetary Health Diet:** A dietary pattern that is healthy for individuals and sustainable for the planet, typically emphasizing plant-based foods and limiting animal products.
- **Agroecology:** the science of applying ecological concepts and principles to manage interactions between plants, animals, human beings and the environment for food security and nutrition.
- **Food short supply chain:** a food supply chain can be defined as "short" when it is characterized by short physical distance or involvement of few intermediaries between producers and consumers.
- **Participatory Supermarket:** a type of supermarket where members are also owners, customers, and volunteers, contributing to the store's operation through unpaid work (working on a voluntary basis). They are essentially cooperative supermarkets.
- **Fair Trade:** Fair trade is a worldwide movement that aims to help farmers and producers in less economically developed countries (LEDCs). The term fair trade means that they receive a fair price for the goods that they produce. Goods that are produced and sold in support of these aims usually carry a fair-trade label.